

Preparing for baby

— checklist —

○ Stock up on essentials

- Toilet paper
- Paper towels
- Laundry detergent
- Dishwasher detergent
- Cleaning supplies
- Toiletries
- _____
- _____

○ Prep Freezer Meals

- Buy Passionate Penny Pincher Freezer Meals Box
- Use recipe cards to create shopping list & go grocery shopping
- Prep Day - meals go into freezer

○ Prepare Siblings

- Prep Talk
- Read sibling books
- Set up toy basket

○ Clean & Organize

- Bathrooms
- Bedrooms
- Living Room
- Kitchen
- High-traffic areas
- _____
- _____

○ Prepare Spaces

- Bathroom Basket (Tucks pads, pain relief spray, Peri bottle, extra undies, heavy duty pads)
- Nursing Basket (water, phone charger, chapstick, snacks, nipple cream, burp rags, hand sanitizer)
- Pumping Basket (coconut oil, nursing bra, snacks)
- Baby's Room (clothing washed & put away and changing station set up)
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