

SUPPER'S SET *for* SUMMMER

5 DAYS 25 FREEZER MEALS

with

passionatepennypincher.com



SUPPER'S SET *for* SUMMER

Hawaiian BBQ Chicken Sandwiches

with

Sweet Potato Fries & Watermelon

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Shred meat with a fork. Toast buns. Place meat on buns. Top with pineapple and cheese. Broil until cheese melts.

Garlic Rosemary Pork and Potatoes

with

Roasted Broccoli & Red Pepper

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Grandma's Spaghetti Sauce

with

Spaghetti, Salad & Breadsticks

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on low for 7-8 hours.

Honey Mustard Chicken

with

Carrots, Parsnips and Potatoes & Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 6-8 hours.

Taco Bowls with Easy, Shredded Taco Beef

with

Chips & Salsa

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-9 hours. Shred beef. Divide rice, beef, corn, peppers, onion, and cheese between bowls. Top with salsa, sour cream and/or guacamole.

Red Eye BBQ Ribs

with

One Pot Stove-Top Macaroni and Cheese & Cucumbers and Onions

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Remove ribs from the slow cooker. Stir several tablespoons of the barbecue sauce with the cornstarch until smooth. Pour the cornstarch mixture into the rest of the sauce and stir to combine and thicken. Serve sauce with the ribs.

SUPPER'S SET *for* SUMMER

BBQ Peach Pulled Pork

with

Pasta Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on low for 8-10 hours. Remove the pork to a cutting board and shred using two large forks. Return the shredded pork to the slow cooker and stir to combine with the sauce. Serve on rolls.

Turkey Legs, Italian Sausage
& Potatoes

with

Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Chicken Curry

with

Rice, Roasted Broccoli & Red Pepper

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 4-5 hours or low for 7-8 hours. When it's done cooking, place the chicken on a platter. Pour the coconut milk into the slow cooker and mix well. Spoon this sauce over the chicken and serve.

Italian Beef Sandwiches

with

Tomato & Artichoke Heart Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 8-10 hours. Shred and serve on rolls.

Teriyaki Pork Chops with Red
Pepper & Pineapple

with

Tropical Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Add pineapple and bell pepper during the last 15-20 minutes of cooking time.

Chicken Cacciatore

with

Spinach Salad & Breadsticks

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

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Honey Mustard Chicken

with

Oven Fried Potatoes & Green Beans

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 3-4 hours or low for 6-7 hours.

Tamale Sandwiches on
Cornbread

with

Ranch Veggie Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or on low for 7-8 hours. Shred meat with a fork and serve over the cornbread.

Maple Apple Chicken

with

Apple Cornbread Dressing & Grilled
Zucchini

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Chicken Philly Sandwiches

with

Veggies and Dip & Potato Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Pull the chicken into bite-sized pieces. Toast the buns under the broiler. Add meat and cheese and return to broiler until cheese is melted.

Chili Sauce Chicken Legs

with

Sweet Potato Fries & Peas

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Beef Teriyaki with Pineapple

with

Rice & Egg Rolls

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or on low for 7-8 hours. Add pineapple during the last 20-30 minutes of cooking.

SUPPER'S SET *for* SUMMER

Easy Crockpot Beef Fajitas

with

Black Bean & Corn Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Serve in tortillas with your favorite toppings.

Chicken Philly Sandwiches

with

Sweet Potato Fries

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Pull the chicken into bite-sized pieces. Toast the buns under the broiler. Add meat and cheese and return to broiler until cheese is melted.

Turkey Breast

with

Mashed Cauliflower, Green Bean & Tomato Salad with Salt & Pepper Dressing

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 4-6 hours or on low for 7-9 hours, until internal temperature reads 170 degrees on a meat thermometer.

Chicken Broccoli Divan

with

Onions with Herbs and Wine & Dinner Rolls

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on low for 4-5 hours. You can either freeze the layers in individual bags and assemble when ready to cook, or mix everything together in one bag.

Beef Teriyaki

with

Rice & Broccoli

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on low for 6-8 hours or on high for 4-6. Stir in reserved pineapples during the last half hour.

King Ranch Chicken over Baked Potatoes

with

Cucumber & Tomato Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours. Remove chicken and chop or shred. Put chicken back in the crock and stir in 1 cup cheese. Serve over baked potatoes, topped with cheese.

SUPPER'S SET *for* SUMMER

Chicken Tacos

with

Summer Corn Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 4-5 hours or low for 7-8 hours. Shred the meat and serve in taco shells or tortillas along with your favorite toppings.

Easy Pepper Steak

with

Pasta & Breadsticks

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Italian Seasoned Salt
Chicken

with

Easy Mashed Sweet Potatoes &
Cucumbers and Onions

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Sweet & Sour Pork Chops

with

Tropical Salad

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Teriyaki BBQ Chicken Legs

with

Wild Rice Salad & Roasted Green
Beans

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 7-8 hours.

Italian Beef

with

Mashed Cauliflower & Roasted Beets

THAW OVERNIGHT. Put freezer bag contents in the slow cooker. Cook on high for 5-6 hours or low for 8-10 hours. Shred and serve over mashed cauliflower.